

# Dr. Babasaheb Ambedkar Marathwada University

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## NOTIFICATION

It is hereby notified that, the thesis entitled, "A EFFECT OF YOGA AND PRANAYAMAS ON PHYSICAL FITNESS COMPONENTS OF ATHLETICS" submitted by Mr. Mahadeo Kacharuji Ubale has been accepted by this University for the award of Ph.D. Degree in subject of **Physical Education** under the faculty of **Physical Education** is as per UGC regulation 2009 (UGC Minimum standard and procedure for award of Ph.D. degree regulation 2009 published in Gazette of India no. 28 dated July 11-17, 2009 in part III section 4) Mr. Mahadeo Kacharuji Ubale has been declared eligible for the award of the said Degree. The candidate submitted his thesis under the guidance of Dr. Smt. K. G. Jadhav, Research Guide, Director & Head, Department of Physical Education, Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

University Campus,  
Aurangabad.

Ref.No. PG/Ph.D./July-2012/  
Phy.Edu./2016/19404-15.

Date :- **December 3, 2016**

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Director  
(BCUD)

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