



EQ Academy

13.2 Value Added course
1 Harmony Apt , Plot 61 , Pannalal Nagar , Aurangabad
Ph : 9561093103 , 9518328211. Mail : Kishanwatni@TheEQclinic.com

To,
The Registrar,
Dr. Babasaheb Ambedkar Marathawada University,
Aurangabad -431004

Sub: Quotation for Value Added Courses/ Training Programs for Students of University Departments.

Ref.: Letter No. IQAC / 2017 -18 Dt 26/10/2017

Dear Sir,

With reference to above, we are keen on providing Emotional Intelligence workshop of 30 hrs for your students. The workshop will address latest Neuroscience based EQ principals, which are the most important skills for our students to achieve better Success in their life .These skills are directly linked with their Performance, Success, Top management Skills & Entrepreneurship skills

1. Program Title: "**Decoding Success with EQ**". - Learning EQ Skills for Success, Stress free & Happy Life. The focus will be on following skills -
 - **Emotional Intelligence** – Six Seconds Complete Model. Many Practical Tools & Techniques For implementation of those skills.
 - **EQ Applied – Leadership , Stress Management , Intrinsic Motivation, Self-Awareness, Decision Making, Optimism, Noble , Noble Goal, Anger Management / Emotion Control / & Happiness.** This would address many **Human Skills** too & **Partial Body Languages** kills.
2. Duration of the Course: 30 hrs. Approx. and will be completed in 4 man days.
3. My self, Kishan Watni is an "EQ Practitioner ", a double grad in the subject & among very few certified EQ Practitioners in India. Being an Engineer with a vast Industry experience of 24 yrs and @ 17 yrs on top management positions, I can blend the theory with practical applications. Detail profile is attached herewith.

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Objective / Out Come:

“Enlightening Students For Their Success & Stress Free -Happy Life using Emotional Intelligence Tools & Techniques”

Topics:-

- Eight EQ Skills
- Self-Awareness,
- Adopting change,
- Emotion / Anger management ,
- Stress Management ,
- Decision Making ,
- Intrinsic Motivation
- Optimism
- Leadership secrets ,
- Goal Orientation ,
- Happiness etc. ..

Workshops Contents (Sessions):

1. EQ awareness.

Increase awareness @ EQ – Current & Future challenges, Opportunities, Why EQ? , Latest research, EQ Model – Three domains broad overview.

• Learn and Practice EQ Skills -

2. Self-Awareness – Emotional Literacy.

Brain, How Emotions are generated? Why Emotions are Important?

Emotions.. Learn to Identify, Name & Messages they are for.

3. Patterns

What are patterns & why are they formed? Their effects on our behavior. Learn to identify and use them. Neuro plasticity & Making / modifying patterns!

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Hope you will choose us to serve BAMU to benefit our Students.

Thanking you and awaiting for your PO.


Kishan Watniwakil
(EQ Practitioner -Six Sec-USA)

EQ Academy. Aurangabad.
EQ Academy
1, Harmony Apartment,
Plot. No.61, Pannalal Nagar,
Aurangabad.

Pl visit:

Website: TheEqClinic.com

FB Page: EQ with KishanWatni

You Tube Channel: Kishan Watniwakil.



Dr. Babasaheb Ambedkar Marathwada University, Aurangabad
Internal Quality Assurance Cell / Training & Placement Cell
Attendance for Value Added Course

Department: - Psychology

S.P. Ekulkar

A' and Saturday

- Formery Officer

Sr. No.	Name	Day - 1		Day - 2		Day - 3		Day - 4	
		Morning	Afternoon	Morning	Afternoon	Morning	Afternoon	Morning	Afternoon
V(1)	Ingle Sanil Fabina	Present	Present	Present	Present	Present	Present	Present	Present
V(2)	Geetha Akash	Present	Present	Present	Present	Present	Present	Present	Present
V(3)	Swapnil V. Bhaleao	Present	Present	Present	Present	Present	Present	Present	Present
V(4)	Kulkar Kuldeep A.	Present	Present	Present	Present	Present	Present	Present	Present
V(5)	Shubad A. Samawane	Present	Present	Present	Present	Present	Present	Present	Present
V(6)	Mohammad Shaeb	Present	Present	Present	Present	Present	Present	Present	Present
V(7)	Chiraj Peamad mohey	Present	Present	Present	Present	Present	Present	Present	Present
V(8)	Suryawanshi Prityal Ganesh	Present	Present	Present	Present	Present	Present	Present	Present
V(9)	Khazal Shivkanya B.	Present	Present	Present	Present	Present	Present	Present	Present
V(10)	Gayathri Prabh	Present	Present	Present	Present	Present	Present	Present	Present
V(11)	Mohd Jale B.	Present	Present	Present	Present	Present	Present	Present	Present
V(12)	Bhivmane Swati Gautam	Present	Present	Present	Present	Present	Present	Present	Present
V(13)	Kailkar Ashvini Dhandiba	Present	Present	Present	Present	Present	Present	Present	Present
V(14)	Gayatri Parvati Ganesh	Present	Present	Present	Present	Present	Present	Present	Present
V(15)	Zope Haresha Liladhare	Present	Present	Present	Present	Present	Present	Present	Present
V(16)	Ahese Poonam Ravasambh	Present	Present	Present	Present	Present	Present	Present	Present
V(17)	Ketkars Sanket Bhagant	Present	Present	Present	Present	Present	Present	Present	Present
V(18)	Bhutekar santosh	Present	Present	Present	Present	Present	Present	Present	Present
V(19)	Waghmore M.L	Present	Present	Present	Present	Present	Present	Present	Present
V(20)	Mule Shubham Diliprao	Present	Present	Present	Present	Present	Present	Present	Present

Signature: Dr. P. N. ... Date: ...
 Signature: ... Date: ...
 Signature: ... Date: ...



Department: - Psychology

Sr. No.	Name	Day - 1		Day - 2		Day - 3		Day - 4	
		Morning	Afternoon	Morning	Afternoon	Morning	Afternoon	Morning	Afternoon
		1	Ambhore A. M.	11:45					
2	Arifa Patwardale	11:45							
3	Dr. Aparna Deshmukh								
4	Abhanga Radha Ramkrishna								
5	Shubhangi S. Chavhan								
6	Babita M. Jadhav								
7	Jaywale Shilvati Yashwantrao								
8	Leetee Shirsalkar								
9	Papali P. Goede								
10	Shubhangi Bansode								
11	Saonil Wagh								
12	Subharna More								
13	Tivan Mote								
14	Salve Rama A.								
15	Paawan Kumar P. Patil								
16	Toshnival Mahesh D.								
17	Senceli Babhan Malhe								
18	Khepale Shikharaj B.								
19	Jadhav Yojita B.								

Dr. Babasaheb Ambedkar Marathwada University, Nagpur



Department: - Psychology

Sr. No.	Name	Day - 1		Day - 2		Day - 3		Day - 4	
		Morning	Afternoon	Morning	Afternoon	Morning	Afternoon	Morning	Afternoon
1.	Deepali S. Gawande	Deepali	Deepali	Deepali	Deepali	Deepali	Deepali	Deepali	Deepali
2.	Shweta V. Mand								
3.	Rukhmani G. Ghetge	Rukhmani		Rukhmani	Rukhmani	Rukhmani	Rukhmani	Rukhmani	Rukhmani
4.	Neha Hanan	Neha		Neha					
5.	Kohli Jyoti Seemal	Jyoti		Jyoti	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti
6.	Nikita A. Waghare	Nikita		N. Waghare	N. Waghare	N. Waghare	N. Waghare	N. Waghare	N. Waghare
7.	Kangule Namdeo Rangaji	Kangule		Kangule	Kangule				
8.	Thoset varadarik.	Thoset		Thoset	Thoset				
9.	Devre. S. S	Devre		Devre	Devre	Devre	Devre	Devre	Devre
10.	Abhang Radha Prabhakar	Abhang		Abhang	Abhang	Abhang	Abhang	Abhang	Abhang
11.	Smita R. Shring	Smita		Smita	Smita	Smita	Smita	Smita	Smita
12.	Deepali S. Gawande								
13.	Bansade Shubhangi	Bansade		Bansade	Bansade	Bansade	Bansade	Bansade	Bansade
14.	Khale Shreelaxmi	Khale		Khale	Khale	Khale	Khale	Khale	Khale
15.	Sonali B. mane	Sonali		Sonali	Sonali	Sonali	Sonali	Sonali	Sonali
16.	Madhe Akash. Bhawar	Madhe		Madhe	Madhe	Madhe	Madhe	Madhe	Madhe
17.	Shah. Akash. Pater								
18.	Pawar Vinod	Pawar		Pawar	Pawar	Pawar	Pawar	Pawar	Pawar
19.	Bhargava								

13 May 2024