



Yes, I Am A WINNER!

Dr. BAMU & SHODH Advantech LLP
Student Learning & Development initiative
(At – Tarabai Shinde Women Studies Centre,
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Training Ideology

It was a 4 days workshop, designed critically for learning *Life Skills* through different Activities.

Areas & Skills covered:

- ✓ *Personality development*
- ✓ *Knowing Self*
- ✓ *Manners and Etiquettes*
- ✓ *Communication skills*
- ✓ *Time Management*
- ✓ *Conflict Management*
- ✓ *Presentation skills*
- ✓ *Goal Setting*
- ✓ *Leadership skills*



Course Content

- Day 1: Team formation & working in teams
- Day 2: Team Building, Integrity & Group Activities & 'Yes, I Can!'
- Day 3: Time Management, Goal Setting & Confidence Building Activities
- Day 4: JOHARI Window, Team Presentations & 'Yes, I Am A Winner!'



Training USP

Foundation of the workshop:

- ✓ Working in Teams
- ✓ Leadership Qualities,
- ✓ Quick decision making
- ✓ Problem solving through activities for greater learning
- ✓ Confidence building and Public Speaking
- ✓ Appreciation and Rewards for Individuals & Groups
- ✓ One to One student mentoring



Student Outcomes



Feedback

“I came to college everyday but my real learning and bonding with my batch mates started from this course. In these 4 days, I actually connected and got involved with them. I am very thankful to both the trainers.”

- Samar Ahmed,
Team Befikre



“I have learnt a lot in these 4 days. I never did anything like this ever before. My communication with my family has drastically improved, as a result my mother-in-law is taking care of my son without even questioning me and I attended the workshop all the 4 days without any worries!”

- Chitra More,
Team Maitri (Best Individual)

Feedback



“I can proudly say that I am new version of myself. I am Firdaus 2.0 now! The workshop worked as a barrier breaker for me. I was never friends with anyone here. But now, they are my support system. Whatever I did in these 4 days, I did it for my team.”

- Firdaus Baig,
Team, Shandar Jabardast Jindabad

“This program has changed my life. I have made friends for life through this workshop. I can count on each one of my team members. And the most important thing I gained from these 4 days is Confidence! I can now speak in front of any mob.”



- Priyanka Raut,
Team Aflatun

Feedback

“It was really a very useful and inspiring Value Added Program. It encouraged our students a lot on various fronts and definitely we would like you to organize these types of programs for our students in future.”

- Prof. Nirmala Jadhav,
Director



Photo Gallery



Indoor Activities



Outdoor Activities



Group Strategies



Final Day Presentations



Faculty Involvement



Remarks & Conclusions

We observed wonderful outcomes during this process

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- ✓ **95%** students could speak in front of the class confidently than ever before.
- ✓ **100%** of them broke the barriers and improved their communication with their Parents and Friends.
- ✓ Conflicts were resolved efficiently and easily.
- ✓ Excellent Time and Integrity observed throughout.
- ✓ Highest training impact compared to past events.

WE THE WINNERS...



SHODH Advanced Technologies

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