

DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY

CIRCULAR NO.SU/M.A.Psychology/16/2016

It is hereby inform to all concerned that, on the recommendation of the Chairman of the Committee in Psychology, the Hon'ble Vice-Chancellor has **accepted curriculum of M.A. Psychology IInd Year, [III & IV Semester] with minor changes under Choice Based Credit and Grading System** in his emergency powers under Section-14[7] of the Maharashtra Universities Act, 1994 on behalf of the Academic Council.

This is effective from the Academic Year 2016-17 & onwards as appended herewith under the Faculty of Social Sciences.

This syllabus is available on the University website www.bamu.ac.in.

All concerned are requested to note the contents of the circular and bring notice to the students, teachers and staff for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO. SU/M.A.PSY./SYLLA./
2016/4322-51

Date:- 19-07-2016.

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Director 19/7/16

*Board of College and
University Development.*

Copy forwarded with compliments to :-

1] **The Principals, affiliated concerned Colleges,
Dr. Babasaheb Ambedkar Marathwada University.**

Copy to :-

- 1] The Controller of Examinations,
- 2] **The Section Officer, [M.A. Unit],**
- 3] The Programmer [Computer Unit-1] Examinations,
- 4] The Programmer [Computer Unit-2] Examinations,
- 5] The In-Charge, E-Suvidha Kendra, [Professional Unit], Rajarshi Shahu Maharaj Pariksha Bhavan, Dr. Babasaheb Ambedkar Marathwada University,
- 6] The Record Keeper,
Dr. Babasaheb Ambedkar Marathwada University.

N.B. : All are informed that to download a copy of syllabus from the above website.

CIRCULAR NO.SU/M.A.Psychology/16/2016

It is hereby inform to all concerned that, on the recommendation of the Chairman of the Committee in Psychology, the Hon'ble Vice-Chancellor has **accepted curriculum of M.A. Psychology IInd Year, [III & IV Semester] with minor changes under Choice Based Credit and Grading System** in his emergency powers under Section-14[7] of the Maharashtra Universities Act, 1994 on behalf of the Academic Council.

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- 5] The In-Charge, E-Suvidha Kendra, [Professional Unit], Rajarshi Shahu Maharaj Pariksha Bhavan, Dr. Babasaheb Ambedkar Marathwada University,
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CIRCULAR NO.SU/ CERT.COUR. IN COUN.PSY./21/2016

It is hereby inform to all concerned that, on the recommendation of the Head, Department of Psychology, the Hon'ble Vice-Chancellor has accepted the curriculum of "**Certificate Course in Counseling Psychology**" [One Year Part Time] on **No Grant Basis** under the Faculty of Social Sciences in his emergency powers under Section-14[7] of the Maharashtra Universities Act, 1994 on behalf of the Academic Council.

This is effective from the Academic Year 2016-17 & onwards as appended herewith.

This syllabus is available on the university website www.bamu.ac.in.

All concerned are requested to note the contents of the circular and bring notice to the students, teachers and staff for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO. SU/CERT.C.IN COUNS PSY./
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Date:- 26-07-2016.


27/7/16
Director,

Board of College and
University Development.

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Copy forwarded with compliments to :-

1] The Head, Department of Psychology.

Copy to :-

- 1] The Controller of Examinations,
- 2] The Section Officer, [B.A. Unit],**
- 3] The Programmer [Computer Unit-1] Examinations,
- 4] The Programmer [Computer Unit-2] Examinations,
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- 6] The Record Keeper,
Dr. Babasaheb Ambedkar Marathwada University.

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Revised

Employability syllabus

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

As Per Credit Based Semester and Grading System

M. A. PSYCHOLOGY

With effective from 2016-17.

Paper / Group	Course Code	Semester III	Credits
Core Course	PCC- 408	Counseling Process	04
	PCC-409	Dissertation –I (Introduction, Review, Methodology)	12
Elective course A* CLINICAL PSYCHOLOGY	PEC- A1	Psychopathology –I	04
	PEC-A2	Psycho-diagnostics	04
	PEC-A3	Practicum : Diagnostic Tests	04
Elective course B* SCHOOL PSYCHOLOGY	PEC- B1	Child Psychology	04
	PEC-B2	Psychology of Exceptional Children	04
	PEC-B3	Practicum : Diagnostic Tests	04
Total			28

Paper / Group	Course Code	Semester IV	Credits
Core Course	PCC- 410	Counseling Specialties	04
	PCC-411	Dissertation –II (Data Collection, Result, Final submission)	12
Elective course A* CLINICAL PSYCHOLOGY	PEC- A4	Psychopathology –II	04
	PEC-A5	Psychotherapies	04
	PEC-A6	Practicum: Case History	04
Elective course B* SCHOOL PSYCHOLOGY	PEC- B4	Psychology of Adolescence	04
	PEC-B5	Developmental Psychopathology	04

	PEC-B6	Practicum: Case History	04
Total			28

- **From the elective group A&B student have to select any one group. At least 10 students are needed to run the course.**
- **Students have to take a 04 credit service course from other department in 3rd or 4th semester.**



Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

Curriculum under Choice Based Credit & Grading System

M.A. II Year

Psychology

Semester-III and IV Sem

SEMESTER III

Course Code	Core Course Course Title	Credits
PSY - 407	COUNSELING PROCESS	04
PSY - 408	PSYCHOPATHOLOGY- I	04
PSY - 409	CLINICAL ASSESSMENT	04
PSY - 455	PSYCHOLOGY PRACTICUM'S- CASES HISTORY	02
PSY - 456	PSYCHOLOGY PRACTICUM'S-CLINICAL ASSESSMENT	02

SEMESTER IV

Course Code	Core Course Course Title	Credits
PSY - 410	COUNSELING SPECIALTIES	04
PSY - 411	PSYCHOPATHOLOGY- II	04
PSY - 412	CLINICAL INTERVENTIONS	04
PSY - 457	PSYCHOLOGY PRACTICUM'S: Research Project	04

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

Curriculum Structure and Scheme of Evaluation for - M A

With effective from 2012-13

old

SEMESTER III

Course Code	Core Course Course Title	Credits
PSY - 407	COUNSELING PROCESS	04
PSY - 408	PSYCHOPATHOLOGY- I	04
PSY - 409	CLINICAL PSYCHOLOGY	04
PSY - 455	PSYCHOLOGY PRACTICUM'S- DEALING WITH CASES	04

SEMESTER IV

Course Code	Core Course Course Title	Credits
PSY - 410	PSYCHOTHERAPY IN COUNSELING	04
PSY - 411	PSYCHOPATHOLOGY- I	04
PSY - 412	CLINICAL INTERVENTIONS	04
PSY - 456	PSYCHOLOGY PRACTICUM'S: Research Project	04

BOOKS FOR READING:-

1. Gladding Samuel. T. (2011) *Counseling A comprehensive Profession.*(6th ed.) Pearson Publication.
2. Gibson, R.L., Mitchell, M.H. (2005). *Introduction to counselling and guidance* (6th ed.). Delhi: Pearson education Pte.Ltd.
3. Gelso, C.J., Fretz, B.R. (1995) *Counselling psychology*. Banglore: Prism books Pvt.Ltd
4. Gregory, R.J. (2005). *Psychological Testing* (4th ed.). Delhi: Pearson education Pte.Ltd.
5. Rao, S.N. (2006). *Cousselling and guidance* (2nd ed). New Delhi: Tata McGraw-Hill Publishing Co. Ltd.
6. Patterson, L.E., Welfel, E.R. (2000). *The counselling process* (5th ed.). Belmont: Wodsworth/Thomson Learning.
7. Nelson R. Jones (2000). *Introduction to counselling skills, text and activities*. London: Sage Publication.
8. Cohen, R.J., Swerdlik, M.E. (2005). *Psychological testing and assessment* (6th ed.). Delhi: Tata McGraw-Hill.
9. Dalai Lama, His Holiness the & Cutler, S.C. (1998). *The art of happiness: The handbook for living*. Sidney: Hodder.

Symptom Disorders: Enuresis, Encopresis,
Sleepwalking and Tics

B) Pervasive Developmental Disorder: Autism

The Clinical Picture in Autism Disorder

Causal Factors in Autism Treatments and Outcomes

C) Planning Better Programs to Help Children and Adolescents

Special Factors Associated With Treatment for Children and Adolescents

Child Abuse

Child Advocacy Programs

BOOKS FOR READING:

1. Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). *Abnormal Psychology*, 13th Edn. Pearson Education, India.
2. Davison, G.C. Neal, J.M. & Kring, A.M. (2004). *Abnormal psychology*. (9th ed.). New York: Wiley.
3. Comer, R.J. (2007). *Abnormal psychology* (6th ed.). New York: Worth Publishers.
4. Barlow, D.H. & Durand, V.M. (1999). *Abnormal psychology* (2nd ed.). Pacific Grove: Books/Cole.
5. Alloy, L.B., Riskind, J.H., & Manos, M.J. (2006). *Abnormal psychology: Current perspectives* (9th ed.). Delhi: Tata McGraw-Hill.
6. Sarason, I.G, & Sarason, R.B. (2002). *Abnormal psychology: The problem of maladaptive behavior* (10th ed.). Delhi: Pearson Education.

COURSE CODE – PSY- 455	NO. of Credits: 04
Course Title – PSYCHOLOGY PRACTICUM'S- DEALING WITH CASES THIRD SEMESTER.	
Assignments / Sessionals – 20 marks	
Semester Exam.- 80 marks	
Course Objective: To acquaint the students with: <ol style="list-style-type: none"> 1. Identifying behaviour problems. 2. Taking case history. 3. Using Counseling skills. 	

Students should select at least 5 types of maladapted cases in consultation with the teacher, and prepare detailed report of 5 cases. Students should present at least two cases. The following stages should be followed (wherever applicable):

- a. Taking of case history.
- b. Assessment and multi-axial diagnosis.
- c. Validation in consultation with teachers.
- d. Prognosis.
- e. News breaking.
- f. Contracting of therapy sessions.
- g. Writing session report of each case.
- h. Presentation of 2 cases in classroom

Notes:General

1. Each batch of practicum should consist of maximum 12 students.
2. A separate batch will be formed if this number exceeds even by one.
3. Workload for each batch will be equivalent to 8 lecture periods.
4. Each student should study cases in schools / NGO set up; one teacher supervisor should accompany a group of students.
5. Eligibility for the Practicum Examination is subject to Certification of Practicum by teacher-in-charge and HoD.

Internal assessment – 20 marks

Internal assessment will be based on presentation of 2 best reports of cases and student's overall performance of Practicum work during the semester.

External Examination – 80 marks

1. External Examination will be conducted by two examiners (one preferably being internal and one external)
2. Each batch will consist of only 12 students
3. Duration of examination for each batch will be 3 hours.
4. Hypothetical cases will be prepared by External Examiner.
5. Marks for Viva and Report Writing will be given by both examiners and average marks will be considered as final marks of the candidate.
6. Assessment of analyses of hypothetical cases will be done by External Examiner only.

Break-up of marks will be as follows:

- a. Analysis of 2 hypothetical cases (1 ½ hours) – 40 marks
- b. Viva- 20 marks
- c. Report writing of 5 cases - 20 marks

Watson and the Beginnings of Behavior Theory, Skinner and Operant Conditioning,
 Wolpe and Systematic Desensitization, A Brief History of Cognitive Therapy,
 B) Human Nature: A Developmental Perspective
 Major Constructs, The Importance of Cognitions, The Importance of Learning, The Importance of Operational Definitions and Functional Analysis, The Importance of Therapeutic Empathy,
 C) Applications
 Overview, Goals of Counseling and Psychotherapy: Beginning With Assessment, Intervention Strategies,
 D) Evaluation
 Overview, Supporting Research, Limitations,

BOOKS FOR READING:

1. Capuzzi, D., & Gross, D.R. (2008). *Counselling and Psychotherapy: theories and interventions* 4th Edn. Pearson Education: India.
2. Corey, G. (2008). *Theory and practice of group counselling*. Thomson Brooks/Cole: Belmont CA: USA.
3. Prochaska, J.O., & Norcross, J.C. (2007). *Systems of psychotherapy: a transtheoretical analysis*. 6th Edn. Thomson Brooks/Cole: Belmont, CA : USA.
4. Corsini, R.J. & Wedding, D. (Eds.) (1995). *Current psychotherapies*. Itasca, Ill.: F.E. Peacock.
5. Gelso, C. J. & Fretz, B.R. (1995). *Counselling psychology* Bangalore: Prism books.
6. Woolfe, R. & Dryden, W. (Eds.) (1996). *Handbook of counseling psychology*. New Delhi: Sage.
7. Stewart, I. (2000). *Transactional analysis counseling in action*. London: Sage.
8. Beck, A.T. (1976). *Cognitive therapy and behavior disorders*.
9. Rimm, D.C. & Masters, J.C. (1987). *Behavior therapy: Techniques and empirical findings*. New York: Harcourt, Brace, Jovanich

Unit III. Personality Disorders**15****A) Clinical Features of Personality Disorders**

DSM-IV's Five Criteria

Difficulties in Diagnosing Personality Disorders

B) Categories of personality Disorders

Paranoid Personality Disorder, Schizoid Personality Disorder, Schizotypal Personality Disorder, Histrionic Personality Disorder, Narcissistic Personality Disorder, Antisocial Personality Disorder, Borderline Personality Disorder, Avoidant Personality Disorder, Dependent Personality Disorder, Obsessive-Compulsive Personality Disorder

Provisional Categories of Personality Disorder, In DSM-IV, Overview of Personality Disorders

C) Causal Factors in Personality Disorders

Biological Causal Factors, Psychological Causal Factors , Socio cultural Causal Factors

D) Treatments and Outcomes

Adapting Therapeutic Techniques, To Specific Personality Disorders, Treating Borderline Personality Disorder, Treating other Personality Disorder, Antisocial Personality and Psychopathy, Psychopathy and ASPD, The Clinical Picture in Antisocial, Personality and Psychopathy, Causal Factors in Psychopathy, And Antisocial Personality, Treatments and outcomes in psychopathic and antisocial personality

Unit IV. Sexual Variants, Abuse, and Dysfunctions**15****A) Sexual and Gender Variants Treatments**

The Parphilias, Causal factors and treatments for paraphilias, Gender Identity Disorders

B) Sexual Abuse

Childhood Sexual Abuse, Pedophilia, Incest, Rape, Treatment and Recidivism of Sex offenders

C) Sexual Dysfunctions

Dysfunctions of Sexual Desire, Dysfunctions of Sexual Arousal, Orgasmic Disorders,

Dysfunctions Involving Sexual Pain

BOOKS FOR READING:

1. Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). *Abnormal Psychology*, 13th Edn. Pearson Education, India.
2. Davison, G.C. Neal, J.M. & Kring, A.M. (2004). *Abnormal psychology*. (9th ed.). New York: Wiley.
3. Comer, R.J. (2007). *Abnormal psychology* (6th ed.). New York: Worth Publishers.
4. Barlow, D.H. & Durand, V.M. (1999). *Abnormal psychology* (2nd ed.). Pacific Grove: Books/Cole.
5. Alloy, L.B., Riskind, J.H., & Manos, M.J. (2006). *Abnormal psychology: Current perspectives* (9th ed.). Delhi: Tata McGraw-Hill.
6. Sarason, I.G, & Sarason, R.B. (2002). *Abnormal psychology: The problem of maladaptive behavior* (10th ed.). Delhi: Pearson Education

COURSE CODE – PSY- 456

NO. of Credits: 04

Course Title – PSYCHOLOGY PRACTICUM'S- RESEARCH PROJECT FOURTH SEMESTER.

Assignments / Sessionals – 20 marks

Semester Exam.- 80 marks

Notes:

General

1. Each batch of project should consist of maximum 12 students.
2. A separate batch will be formed if this number exceeds even by one.
3. Workload for each batch will be equivalent to 8 lecture periods.
4. Students should select a problem in consultation with teacher concerned.
5. Sample size should be minimum 30 in each group, e.g.: Normal and maladapted.
6. Project report should be written in APA format.
7. Eligibility for the Project Examination is subject to Certification of Project by the teacher-in-charge and HoD.

Assessment – 100 marks

1. Project assessment will be based on presentation of project before the internal and external examiners.
2. There will be 50 marks for project report and 50 marks for presentation & viva-voce.

Evaluation of Project Report – 50 marks

Division of marks for project report will be as follows and will be based on suitability and appropriateness of the report with respect to:

1. Problem selected, its rationale and significance – 5
2. Review work – 10
3. Methodology
 - Hypothesis – 10
 - Design and Analysis – 10
4. Interpretation, Discussion & Implication – 10
5. Overall quality of the report – 5

Presentation & Viva-voce – 50 marks

1. Presentation – 20 marks
2. Viva-voce – 30 marks

Examination – 100 marks

1. External Examination will be conducted by two examiners (one of whom will be preferably internal and one external)
2. Each batch will consist of only 12 students
3. Duration of examination for each batch will be 3 hours.
4. Marks for Project Report and Presentation & Viva-voce will be given by both examiners and the average of the same will be considered as final marks of the candidate.