



11/3

employability syllabus

New Revised syllabus

S-01 & 02 June, 2016 AC after Circulars from Circular No.100 & onwards

- 24 -

**DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY**

**CIRCULAR NO.SU/M.A.Psychology/16/2016**

It is hereby inform to all concerned that, on the recommendation of the Chairman of the Committee in Psychology, the Hon'ble Vice-Chancellor has **accepted curriculum of M.A. Psychology IIInd Year, [III & IV Semester] with minor changes under Choice Based Credit and Grading System** in his emergency powers under Section-14[7] of the Maharashtra Universities Act, 1994 on behalf of the Academic Council.

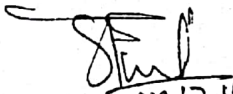
This is effective from the Academic Year 2016-17 & onwards as appended herewith under the Faculty of Social Sciences.

This syllabus is available on the University website [www.bamu.ac.in](http://www.bamu.ac.in).

All concerned are requested to note the contents of the circular and bring notice to the students, teachers and staff for their information and necessary action.

University Campus,  
Aurangabad-431 004.  
REF.NO. SU/M.A.PSY./SYLLA./  
2016/4322-51  
Date:- 19-07-2016.

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Director 19/7/16  
Board of College and  
University Development.

**Copy forwarded with compliments to :-**

1] **The Principals, affiliated concerned Colleges,  
Dr. Babasaheb Ambedkar Marathwada University.**

**Copy to :-**

- 1] The Controller of Examinations,
- 2] **The Section Officer, [M.A. Unit],**
- 3] The Programmer [Computer Unit-1] Examinations,
- 4] The Programmer [Computer Unit-2] Examinations,
- 5] The In-Charge, E-Suvidha Kendra, [Professional Unit], Rajarshi Shahu Maharaj Pariksha Bhavan, Dr. Babasaheb Ambedkar Marathwada University,
- 6] The Record Keeper,  
Dr. Babasaheb Ambedkar Marathwada University.

**N.B. : All are informed that to download a copy of syllabus from the above website.**

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**CIRCULAR NO.SU/ CERT.COUR. IN COUN.PSY./21/2016**

It is hereby inform to all concerned that, on the recommendation of the Head, Department of Psychology, the Hon'ble Vice-Chancellor has accepted the curriculum of "**Certificate Course in Counseling Psychology**" [One Year Part Time] on **No Grant Basis** under the Faculty of Social Sciences in his emergency powers under Section-14[7] of the Maharashtra Universities Act, 1994 on behalf of the Academic Council.

This is effective from the Academic Year 2016-17 & onwards as appended herewith.

This syllabus is available on the university website [www.bamu.ac.in](http://www.bamu.ac.in).


All concerned are requested to note the contents of the circular and bring notice to the students, teachers and staff for their information and necessary action.

University Campus,  
Aurangabad-431 004.  
REF.NO. SU/CERT.C.IN COUNS PSY./  
4554

Date:- 26-07-2016.

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27/7/16  
Director,  
Board of College and  
University Development.

<sup>28</sup>  
Copy forwarded with compliments to :-

1] **The Head, Department of Psychology.**

Copy to :-

- 1] The Controller of Examinations,
- 2] **The Section Officer, [B.A. Unit],**
- 3] The Programmer [Computer Unit-1] Examinations,
- 4] The Programmer [Computer Unit-2] Examinations,
- 5] The In-Charge, E-Suvidha Kendra,
- 6] The Record Keeper,  
Dr. Babasaheb Ambedkar Marathwada University.

**N.B. : All are informed that to download a copy of syllabus from the above website.**

**(D) Objectives:**

1. The present paper introduces basics of counseling. 2. It aims at acquainting students with skills of counselling. 3. It also introduces the process of counseling.

**UNIT-I**

Counselling psychology: definition, nature and scope, counselling psychology's roots in vocational guidance, historical development and current status, Principles of counselling psychology

**UNIT-II**

What is guidance? Basic principles of guidance, Guidance movement in India

The counsellor and the therapist, Introduction, personal characteristics, personal counselling for the counsellor, values philosophy, multicultural skilled counsellor, problems and issues faced by the beginning counsellor.

**UNIT-3**

Counselling process: Counselling relationship, Counselling interview

Types of Counselling: Counsellor -oriented counselling; Counseee - oriented counselling; eclectic - Counselling equally oriented to both the counsellor and counseee.

**UNIT-4**

Basic skills and concepts:

- a) Attending: eye contact, attentive body language, distance, vocal tone, verbal tracking
- b) Basic listening skills: active listening, client observation, verbal behaviour, encouraging, paraphrasing, summarizing, reflection of feelings, use of open end and closed questions.

**UNIT-5**

- c) Self attending skills: self awareness, centering and relaxing, humor, non judgmental attitude towards self and others, genuineness, concreteness.
- d) Advanced skills and concepts: self disclosure, confrontation, immediacy, action skills, termination skills.

**Recommended Books:**

1. Adler, R.B., Rosenfeld, L.B. and Proctor, R.F. (2007), Interplay : The Process of Interpersonal Communication, New York : Oxford.
2. Clarkson, P. (1998), Counselling Psychology, London : Routledge.
3. Douglass, R.G. and David, C. (2007), Counselling and Psychotherapy, New Delhi : Pearson Education.
4. Dryden, W. (1995), Key Issues for Counselling in Action, London : Sage Publications.
5. Gelso, C.J., Fretz, D.R. and Bruce, R. (1995), Counselling Psychology, New York : Prismo Har Court Brace.

### **III: APPLIED COUNSELLING**

100 Marks

Theory: 80 Marks

Internal Assessment: 20 Marks

Allowed: 3 hours

#### **Objectives:**

- The present paper introduces fundamental features, problems and therapeutic techniques for adolescent, marriage and family counselling.
- It also acquaints the students with various types and processes of group counselling.
- It aims at acquainting students with understanding and utilization of various rehabilitation and mental health counselling techniques.

#### **UNIT-1**

Counselling children and adolescent: emotionally disturbed, under achievers, slow learners, socially disadvantaged.

#### **UNIT -2**

Counselling marital, sexual and role related problems: premarital , marital counselling, identification of sex related problems, role conflict and counselling.

#### **UNIT-3**

Counselling for drug addicts, alcoholic and attempted suicides: identification of psychological problems and counselling.

#### **UNIT-4**

Counselling the physically and mentally handicapped: psychological and vocational evaluation and rehabilitation

#### **Books recommended:**

1. Nugent, Frank A.(1995): An Introduction to the profession of counselling ,Maxwell Macmillan Canada, Inc. Toronto.
2. Gibson, R.L. and Marianne, H.M.(2008):Introduction to counselling and Guidance,7th edition, Prentice Hall of India, New Delhi.
3. Narayan Rao S.:(1991) *A counselling psychology*: Tata McGraw Hill Book company, New Delhi.
4. Arulmani, G. Arulmani, S.N. (2004). *Career Counselling; A Handbook*. New Delhi: Tata McGraw Hill
5. Crow & Crow. (1962). *An Introduction to Guidance*. New Delhi: Eurasia Publishing House
6. McLean & Holan. (1955). *Counselling Psychology*. London: Tata McGraw Hill
7. Brian, B. (1982). *Vocational Adjustment of Disabled Persons*. Paper Text Ed. Pro. Ed.
8. Crites, J.O. (1981). *Career counselling – Models Methods and Materials*. N.Y.: McGraw Hill
9. De Board, R. (1981). *Career development for college students (5th Ed.)*. Carrell Press