



**Dr. Babasaheb Ambedkar Marathwada University, Aurangabad (MS)
Reports for Extension/Outreach Activities Carried out in Year 2019**

Name of Activity	Fit India Plogging Run
Date of Conduction	02-10-2019
Organized By	National Service Scheme
Student Participated	35

Brief Report

On October 2, 2019, the Fit India Plogging Run was organized by NSS at Dr. Babasaheb Ambedkar Marathwada University, Aurangabad. The event, which combined jogging and litter collection, aimed to promote fitness and cleanliness. The event began with an inaugural ceremony, presided over by the Honourable Vice-Chancellor, Director of NSS, and Registrar of the University. Participants were briefed about the event's objectives and the importance of environmental conservation and physical activity for a healthier lifestyle. After the ceremony, participants embarked on the plogging run through designated routes within the university campus and surrounding areas, collecting litter while jogging.





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Glimpses of Fit India Plogging Run. Enthusiastic participation of local residents could be recorded.





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The enthusiasm and dedication of the participants, especially the NSS volunteers, were commendable. The event received overwhelming support from local residents who witnessed the participants' efforts firsthand. Many residents actively joined the plogging run, further enhancing community engagement and participation. Feedback from the local community was overwhelmingly positive, with many expressing their enjoyment of the event and advocating for its continuation in the future. The Fit India Plogging Run served as a testament to the power of collective action in promoting fitness and environmental sustainability. It not only contributed to a cleaner environment but also inspired individuals to adopt healthier lifestyles. The success of the event underscores the importance of ongoing initiatives to promote fitness and environmental consciousness, paving the way for a greener and healthier future. Based on the positive response received, it is recommended to organize similar events on a regular basis to sustain momentum and encourage continued community participation. Collaborations with local authorities and organizations can further amplify the impact of such initiatives, extending their reach to a wider audience. Additionally, educational programs and awareness campaigns can complement these efforts, fostering a culture of environmental stewardship and fitness consciousness among the youth and the community at large.




Registrar,
Dr. Babasaheb Ambedkar
Marathwada University,

