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Prevalence of β -lactamase and antibiotic-resistant *Pseudomonas aeruginosa* in the Arab region

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Highlights

- Scanty information available on *Pseudomonas aeruginosa* antimicrobial sensitisation from the Arab region.
- *P. aeruginosa* is a growing wound and hospital infection havoc-creating pathogen.
- Classification of *P. aeruginosa* as antibiotic resistant, multi-drug resistant, extremely drug-resistant, totally drug-resistant yet to be popularised among the Arab countries.
- Summary of various antibiotic resistance genes in *P. aeruginosa* from Arab region.
- Help researchers understand significance of antibiotic resistance studies and create awareness and curb development of antibiotic resistance in *P. aeruginosa* in Arab region.

Abstract

Background

Several studies in the Arab region have recognised the rate of nosocomial infections caused by *Pseudomonas aeruginosa* (*P. aeruginosa*), which produce β -lactamase, and identified their emergence and prevalence in the region. This article reviewed molecular studies on these β -lactamase-producing *P. aeruginosa* during 2010–2018 in several countries of the Arab region in order to analyse the trend of rising prevalence of disease causing drug-resistant *P. aeruginosa* in the Arab region.

Methods

Data from selected clinical studies during 2010–2018 on β -lactamase-producing *P. aeruginosa* in the Arab region were obtained from reliable scientific databases for analysis and evaluation.

Results

Significant changes were found in resistance of *P. aeruginosa* towards certain antibiotics of the β -lactam class. There was an increasing trend in the occurrence of resistance genes in β -lactamase-producing *P. aeruginosa*.

Conclusion

This review showed that there is an increasing prevalence of β -lactamase-producing *P. aeruginosa* in some countries in the Arab region. This is a major cause of concern as this implies that more and more instances of multidrug resistance are emerging in this area. This leads to an overall negative impact on health concerns and amounts to increasing difficulty in combating disease. It is recommended that awareness about antibiotic use and abuse be made a priority and measures to curb unchecked use of prescription antibiotics be put into place. Effective screening methods to detect cases of resistance at their onset may be developed.



Keywords

Molecular; β -lactamase; *Pseudomonas aeruginosa*; Arab region

1. Introduction

The spread of multidrug-resistant (MDR) pathogenic bacteria is a major cause of global concern. Being a nosocomial infection, β -lactamase-producing *Pseudomonas aeruginosa* (*P. aeruginosa*) is one that the human population is more vulnerable to. Characterised by their ability to hydrolyse β -lactams, β -lactamase-producing *P. aeruginosa* is multiresistant to a wide range of antimicrobials such as penicillin, cephalosporin, cephamycin and carbapenem. *P. aeruginosa* is an opportunistic, non-spore forming, Gram-negative bacillus measuring 0.5–0.8 μm by 1.5–3.0 μm . Almost all strains are motile by means of a single polar flagellum [1]. Although it rarely causes infection in healthy people, it may cause serious infections in immunocompromised hosts such as acquired immunodeficiency syndrome (AIDS) patients [2]. *P. aeruginosa* is one of the important reasons for healthcare-associated infections amongst hospitalised patients. This bacterium can simply develop resistance to all conventional anti-pseudomonas antimicrobials through one-of-a-kind intrinsic and acquired resistance mechanisms. This bacterium commonly demonstrates multiple resistant isolates, which represent a serious threat to public health due to their limited therapy and leads to morbidity and mortality [3].

The rate of nosocomial infections caused by β -lactamase-producing *P. aeruginosa* in the Arab region has increased and several studies have identified their prevalence in the region. Several publications have appeared in recent years documenting the prevalence of antimicrobial resistance. New surveillance data released on 29 January 2018 by the World Health Organization (WHO) revealed widespread and, in some cases, excessive levels of antimicrobial resistance across the globe in the most common bacterial infections caused by bacteria, among them *P. aeruginosa*

(*Global Antimicrobial Resistance Surveillance System (GLASS) Report Early Implementation, 2017*) [30].

Growing rates of antimicrobial resistance among this bacterium are a major issue worldwide and the most common mechanisms of this resistance are the production of β -lactamases, including four Ambler classification classes A, D, B, and C. β -lactamases are encoded genes that are a part of the bacterial chromosome or genes acquired by transfer of mobile genetic elements [5]. Previous studies have indicated that among the β -lactamases recognised in *P. aeruginosa*, extended-spectrum β -lactamases (ESBLs), metallo- β -lactamases (MBLs) and Amp-C are the most clinically important. The β -lactamases classified under the Ambler classification are divided into four classes: Class A ESBLs, Class B MBLs, Class C AmpC, and Class D (OXA type). Two of them – Class A ESBLs and Class B MBLs – are reported as quickly developing enzymes in clinical isolates of *P. aeruginosa*. ESBLs are capable of hydrolysing penicillins, cephalosporins and aztreonam (with the exception of ceftazidime or carbapenem). ESBLs are inhibited by β -lactamase inhibitors such as clavulanic acid [6], [7], [8], [9].

The Arab region is a geographical term that indicates an area located in the middle of the old world continents (Asia, Africa and Europe) and occupies a large area on two continents: Asia and Africa. It contains 22 countries, of which 12 are located in south-western Asia and 10 located in northern Africa. The Arab region is bordered by the Mediterranean Sea and Turkey in the north; the Indian Ocean, Arabian Sea and Great Sahara in the south; Iran, the Arabian Gulf and Gulf of Oman in the east; and the Atlantic Ocean in the west. Clinical studies from countries in this region that documented the prevalence of disease causing *P. aeruginosa* were evaluated to find out the status and peculiarities of the spread of infection and the impact on the global scenario. The present review systematically analysed previous studies that reported β -lactamase-producing *P. aeruginosa* with molecular mechanisms, available in PubMed, PMC, and Scopus databases from 2010–2018 from most countries in the Arab region (Saudi Arabia, Jordan, Iraq, Iran, Kuwait, Palestine, Lebanon, Qatar, Morocco, Egypt, Libya, Algeria, Tunisia, and Morocco). It primarily analysed the trend of rising prevalence of disease causing drug-resistant *P. aeruginosa* in the Arab region and determined the challenges and potential risk factors that may contribute to the transmission of β -lactamase genes in this region. This knowledge could lead to the improvement of strategies to overcome or reduce their prevalence in the near future.

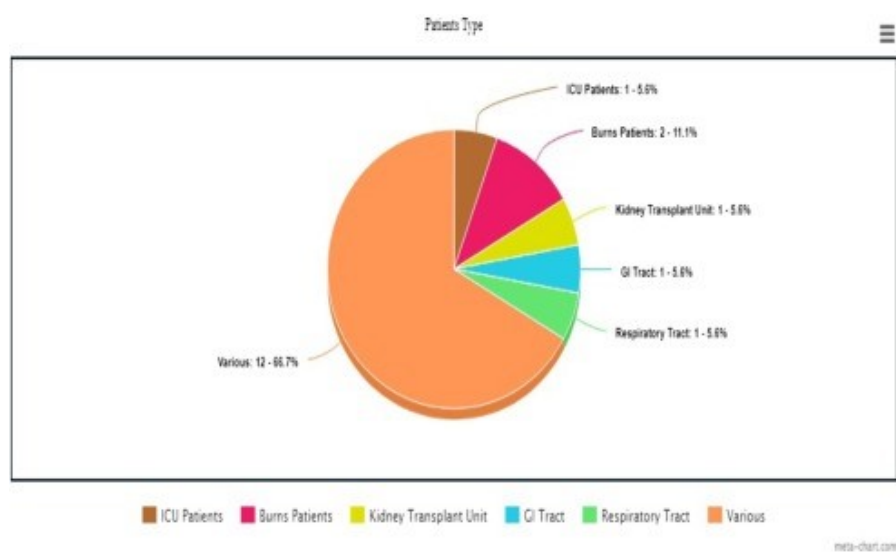
2. Methods

The data of percentages of resistant *P. aeruginosa* for a total of 35 antibiotics tested in 18 studies over the period 2011–2018 from different countries in the Arab region were used to calculate the mean percentage of the period. Statistical analysis paired *t*-test was performed for each antibiotic and/or combination of antibiotics as described in the research articles. The types of patients from where the samples were collected are shown in Fig. 1. The types of studies that were the basis of this review are shown in Fig. 2. The following hypotheses were tested for:

- **Null hypothesis:** There has been **no change** in resistance over the years for the particular

antibiotic and/or combination of antibiotic.

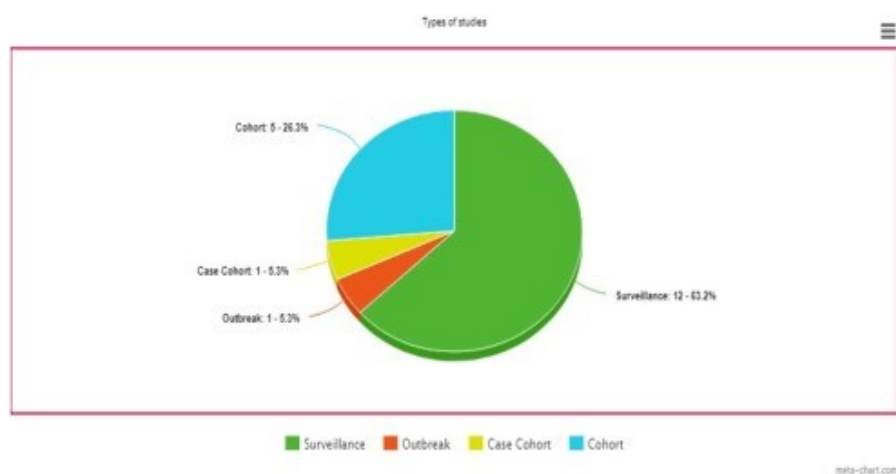
- **Alternate hypothesis:** There has been a **change** in resistance over the years for the particular antibiotic and/or combination of antibiotic.



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Fig. 1. The distribution of the types of patients from whom *Pseudomonas aeruginosa* were isolated in the various selected studies in the Arab region 2011–2018.



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Fig. 2. The distribution of the types of studies selected from the Arab region published during 2011–2018 for understanding the molecular prevalence of β -lactamase-producing *Pseudomonas aeruginosa* in the Arab region.

The percentages of β -lactamases that were found were tabulated and the trend that was seen was averaged over 2011–2018.

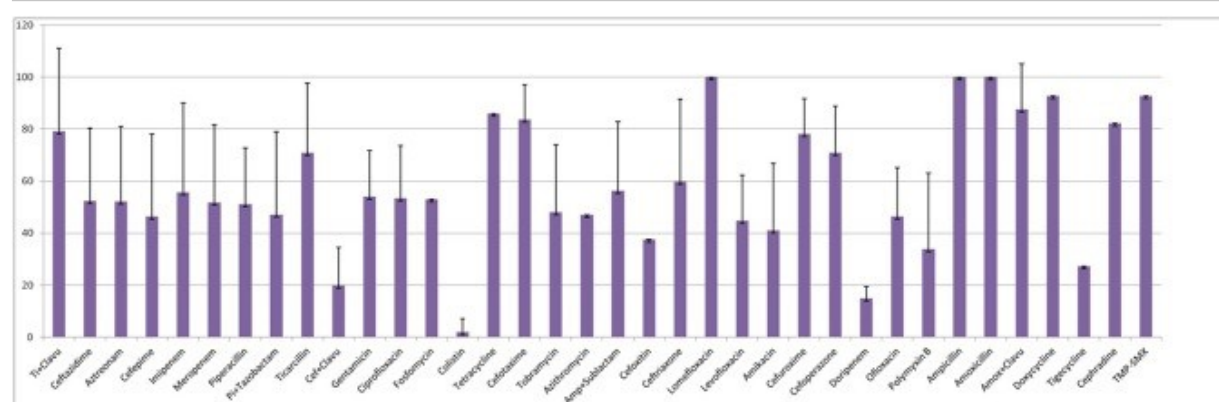
3. Results

3.1. Change in resistance levels to antibiotics

The antibiotics in which a significant change in resistance by *P. aeruginosa* during 2011–2018 are ceftazidime, aztreonam, cefepime, imipenem, piperacillin + tazobactam, ticarcillin, ciprofloxacin, and cefotaxime. Thus, it can be seen that the β -lactam class of antibiotics and fluoroquinolones are the classes against which the resistance profile of *P. aeruginosa* is seen to have changed over the studied period.

3.2. Percentage distribution of resistance to antibiotics averaged over 2011–2018

Fig. 3 represents the percentage distribution of resistance to antibiotics averaged over the period 2011–2018. Tables 1a and 1b show the percentage distribution of resistance to antibiotics used in the studies during 2011–2018.



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Fig. 3. Percentage distribution of resistance to antibiotics averaged over 2011–2018.

Graph showing the distribution of average percentage of *Pseudomonas aeruginosa* showing resistance to mentioned antibiotics, as shown by selected studies from the Arab region published during 2011–2018.

Abbreviations: Ti, Ticarcillin; Clavu, Clavulanic acid; Pi, Piperacillin; Cef, Ceftazidim; Amp: Ampicillin; Amox, Amoxicillin; TMP-SMX, Sulphamethoxazole + Trimethoprim.

Table 1a. Percentage distribution of resistance during 2011–2018 (Part 1).

Author	Year	Ti + Clavul	Ceftazidime	Aztreonam	Cefepime	Imipenem	Meropenem	Piperacillin	Pi + Tazol
Hammami	2011	100	75	100	100	95.8	70.8		
Al-Agamy	2012	25	19.5	16.5	20.5	16		32.5	22.5
Tawfik	2012								
Touati	2013	100	100						100
Aghamiri	2014		47			47		54	
Al-Bayssari	2014								
Al-Charrakh	2014		37.5		25	37.5	25		37.5
Sjolander	2014	100	50	100	50	100			100
Zafer	2014		60.6	45.1		39.34			25.4
Maroui	2015	54.5	3	39.4	21.2			27.3	15.2
Mathlouthi	2015	95	66	37	70	87.5	79	62	37
Zafer	2015		51.51		30.3	93.93			36.36
Abdalhamid	2016		92.3		92.3	100	92.3		
Al-Agamy	2016		67.64	35.29		17.64	11.76		
Abaza	2017		60	73.3	70	73.3	66.7	80	70
El-Domany	2017		50			12.2			
Al-Dawodeyah	2018		18	42.7	18	19.7	21.3		37.8
El-Shouny	2018		82.2			71.4	71.4		75
Ismail	2018		9.09	31.81	13.63	22.72	27.27		9.09

Abbreviations: Ti, ticarcillin; Pi, piperacillin; Cef, Ceftazidime; Clavu, clavulanic acid.

Table 1b. Percentage distribution of resistance during 2011–2018 (Part 2).

Author	Year	Azithromycin	Amp+Sulbactam	Cefoxitin	Ceftriaxone	Lomefloxacin	Levofloxacin	Ar

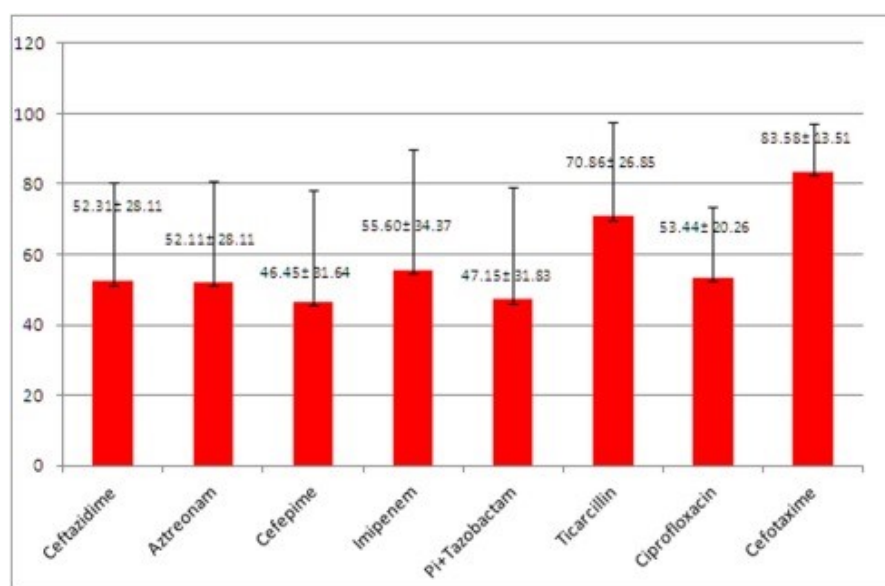
Author	Year	Azithromycin	Amp+Sulbactam	Cefoxitin	Ceftriaxone	Lomefloxacin	Levofloxacin	Ar
Hammami	2011							
Al-Agamy	2012							
Tawfik	2012							
Touati	2013							
Aghamiri	2014	47						
Al-Bayssari	2014							
Al-Charrakh	2014		37.5	37.5	37.5			
Sjolander	2014					100	50	50
Zafer	2014							
Maroui	2015							12
Mathlouthi	2015							79
Zafer	2015							30
Abdalhamid	2016							53
Al-Agamy	2016							8.8
Abaza	2017							86
El-Domany	2017							25
Al-Dawodeyah	2018							50
El-Shouny	2018		75		82.2		25	35
Ismail	2018						59.09	18

Abbreviations: Amp, ampicillin; Amox, amoxicillin; Clavu, clavulanic acid.

3.3. Percentage distribution of resistance to noteworthy antibiotics during 2011–2018

Fig. 4 represents the percentage distribution of resistance to noteworthy antibiotics averaged during 2011–2018. Table 2 shows the percentage distribution of resistance in *P. aeruginosa* to noteworthy antibiotics averaged over 2011–2018 along with their standard deviation, namely:

ceftazidime (52.31%), aztreonam (52.11%), cefepime (46.45%), imipenem (55.56%), piperacillin + tazobactam (47.15%), ticarcillin (70.86%), ciprofloxacin (53.44%), and cefotaxime (83.58%).



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Fig. 4. Percentage distribution of resistance to noteworthy antibiotics 2011–2018.

Graph showing the distribution of percentages of resistant *Pseudomonas aeruginosa*, which have been seen to show significant changes in antibiotic resistance (2011–2018) towards noteworthy antibiotics as calculated from the data from selected studies from the Arab region during 2011–2018.

Abbreviations: Pi, Piperacillin.

Table 2. Summary of the frequency of β -lactamase-producing *Pseudomonas aeruginosa* in the Arab region (percentage of gene types of β -lactamase).

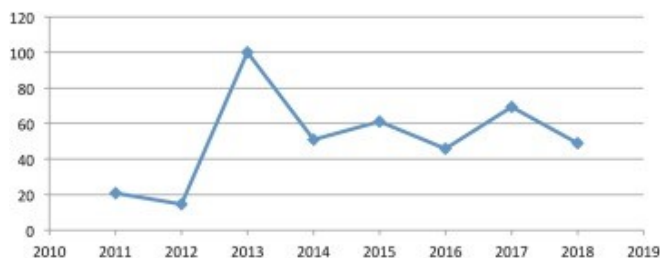
Author	Country	Year	Isolates	SHV	TEM	CTX-M	VEB	GES	OXA-2	OXA-10	OXA-50	NDM	VIM-2	II
Al-Agamy [12]	Saudi Arabia	2012	200	0	0	0	20	5	0	0	0	0	16	0
Tawfik [15]	Saudi Arabia	2012	156	0	0	0	106	31	0	87	0	0	0	0
Touati [16]	Algeria	2013	17	0	0	0	0	0	0	0	0	0	14	0
Al-Bayssari	Lebanon	2014	35	0	0	0	0	0	0	0	0	0	16	2

Author	Country	Year	Isolates	SHV	TEM	CTX-M	VEB	GES	OXA-2	OXA-10	OXA-50	NDM	VIM-2	IMP
[18]														
Al-Charrakh	Egypt	2014	122	0	0	0	12	0	0	51	0	5	71	3
[24]														
Zafer [19]	Egypt	2015	48	0	0	0	0	0	0	0	0	2	28	1
Maroui [21]	Libya	2015	24	0	0	0	0	0	0	0	0	0	19	0
Mathlouthi	Morocco	2015	123	0	0	0	0	0	0	0	0	0	2	0
[7]														
Zafer [20]	Saudi Arabia	2016	13	0	0	0	0	0	0	0	0	4	1	0
Abdalhamid [2]	Saudi Arabia	2016	34	0	0	0	16	0	0	14	0	0	0	0
Al-Agamy	Iraq	2016	75	0	0	0	0	0	0	0	0	0	0	6
[22]														
Abaza [25]	Egypt	2017	114	0	0	0	0	0	0	0	0	4	8	5
El-Domany	Egypt	2017	30	0	0	0	0	0	0	0	0	0	0	1
[11]														
Al Dawodeyah [6]		2018	50	0	0	0	0	0	17	0	12	0	0	1
El-Shouni	Jordan	2018	32	4	6	22	6	5	0	0	0	0	3	0
[4]														
Ismail SJ	Iraq	2018	100	0	0	0	0	0	0	0	0	6	0	0
[26]														

Abbreviations: SHV, Sulfhydryl reagent variable resistance gene; TEM, Temoniera resistance gene; CTX-M, active against Cefotaxime beta lactamase; VEB, Vietnamese extended spectrum beta lactamase; GES, Guiana extended spectrum beta lactamase; OXA, oxacillinases extended spectrum beta lactamase; NDM, New Delhi metallo beta lactamase; VIM, verona integron encoded metabollo beta lactamase; IMP, active on imipenem carpapenem; SPM, Sao Paulo metallo beta lactamase; PCR, polymerase chain reaction.

3.4. Average percentage of β -lactamase gene types during 2011–2018

[Fig. 5](#) shows the average percentage of β -lactamase gene types during 2011–2018.



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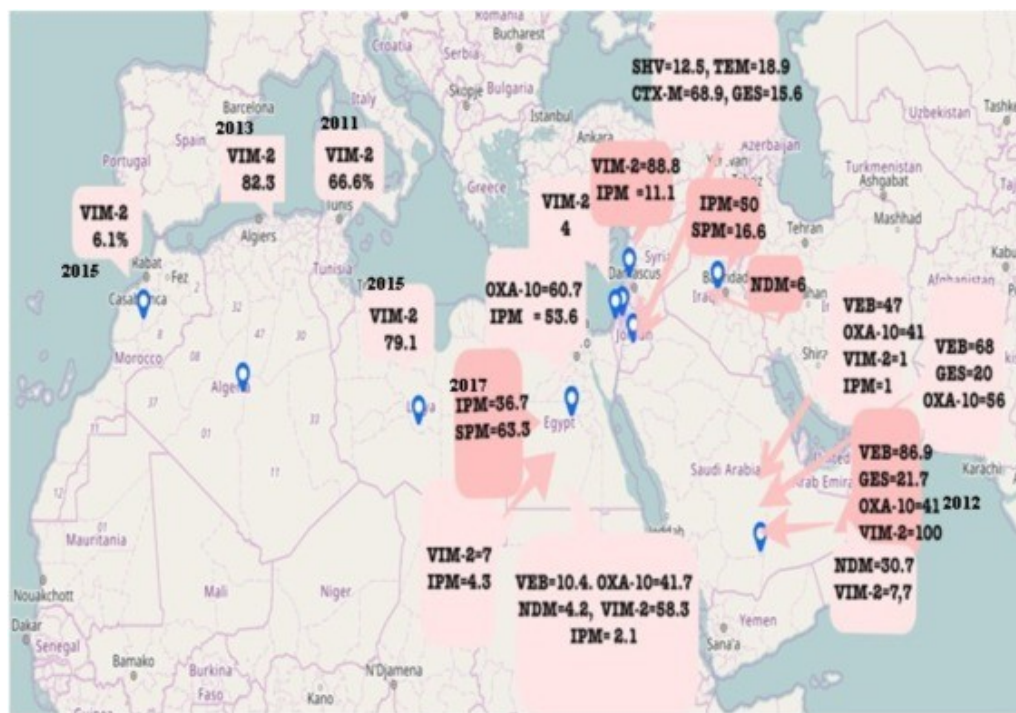
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Fig. 5. Average percentage of β -lactamase gene types during 2011–2018.

Data collected from selected studies from the Arab region published during 2011–2018

3.5. Mapping of the frequency of β -lactamase-producing *P. aeruginosa* in the Arab region (percentage of gene types of β -lactamase)

Fig. 6 shows the distribution of percentage of gene types of β -lactamase-producing *P. aeruginosa* in the Arab region according to the studies.



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Fig. 6. Map of the frequency of β -lactamase-producing *Pseudomonas aeruginosa* in the Arab region (percentage of gene types of β -lactamase) as reported in selected studies from the Arab region published during 2011–2018.

4. Discussion

This study found significant changes in resistance of *P. aeruginosa* to a handful of antibiotics among several antibiotics used in the studies carried out in various parts of the Arab region during 2011–2018. Hence, the Null Hypothesis is rejected and the Alternate Hypothesis is accepted i.e there is change in resistance over the years for particular antibiotic and/or combination of antibiotic and discussed here. Three of eight significant drugs belong to the cephalosporin class, which work by disrupting synthesis of the bacterial cell wall by inhibiting the formation of the peptidoglycan layer. Although their working is similar to the penicillin class of drugs, they are widely known to be less susceptible to β -lactamases. Two of these eight significant drugs belong to the extended-spectrum class penicillin and work by the mechanism of competitive inhibition. One of the eight is a carbapenem, another one is a fluoroquinolone and another one is a monobactam. Compared with cephalosporins and penicillins, carbapenems have a broader spectrum of activity, although they also work by inhibiting bacterial cell wall synthesis. Fluoroquinolones work by inhibiting cell division by affecting DNA gyrase, which is required for bacterial DNA separation during the cell division process. Monobactam is similar to penicillin and works by inhibiting cell wall synthesis by blocking peptidoglycan cross linking. With the exception of fluoroquinolones, all other types of the

mentioned classes of antibiotics exhibit the β -lactam structure against which the β -lactamase-producing *P. aeruginosa* have emerging resistance.

This review focused on studies conducted in countries in the Arab region to determine whether the emergence of disease resistance and spread is on the rise in a generally impoverished region with lack of access to standard healthcare, exposure to war or warlike scenarios, hot and dusty climatic factors, unsanitary living conditions, and population factors. Extended-spectrum β -lactamases in nosocomial isolates of *P. aeruginosa* have been identified as early as 2001 in Kuwait [34]. Blagui et al. reported the first OXA-18-type ESBL in *P. aeruginosa* in 2007 in Tunisia in a nosocomial outbreak [35]. In a study published in 2011, Hammami et al. studied 24 non-replicate imipenem-resistant *P. aeruginosa* in a kidney transplantation unit in Tunisia, so as to establish an epidemiological relationship among them and identify the enzymatic mechanism involved in imipenem resistance [10]. An outbreak of VIM-2-producing *P. aeruginosa* in a kidney transplantation unit was described in their study. Disease outbreak is a result of disease facilitating factors such as no effective treatment and/or containment options available [11]. A 4-year study (2001–2005) showed a gradual increase in resistance to various anti-pseudomonal drugs by *P. aeruginosa* and suggested selection of resistant mutants [36]. The ESBLs and MBLs among *P. aeruginosa* isolates in Saudi Arabia were investigated and revealed that 39 (19.5%) *P. aeruginosa* isolates were ceftazidime-resistant; there was also considerable resistance to other antibiotics except colistin [12].

An important point to note in the dominance of acquired ceftazidime-inactivating β -lactamases is that it was in contrast to the situation in Europe and the USA, where most ceftazidime resistance in *P. aeruginosa* is attributable to AmpC and efflux [13], [14]. The *bla*VEB, and *bla*GES genes were found in 20 (86.95%) and five (21.74%) of 23 ESBL-positive isolates, respectively, whilst *bla*VIM was detected in all 16 MBL-producers. *bla*OXA-10-like is often accompanied *bla*VEB, *bla*VIM or *bla*GES. The frequent combination of *bla*OXA-10-like genes with *bla*VIM and *bla*VEB was noteworthy and could be because all these genes are often carried as cassettes within class 1 integrons, which facilitates their association [13]. The rate of prevalence of class A, class B and class D β -lactamases among clinical isolates of extended-spectrum cephalosporin (ESC)-non-susceptible *P. aeruginosa* from Riyadh, Saudi Arabia, was determined in 2012 [15]. The prevalence of ESBL was 69.44% and MBL was 42.85% in ESC-non-susceptible *P. aeruginosa*. The prevalence of structural genes for VEB-1 was 68%, OXA-10 56% and GES 20% as ESBLs in *P. aeruginosa*. In MBL-producing isolates, the VIM gene was detected in 15 (100%) isolates. The *bla*OXA-10 like gene was concomitant with *bla*VEB, *bla*GES and/or *bla*VIM. The *bla*VEB-1 and *bla*OXA-10 genes were the predominant ESBL genes and *bla*VIM was the dominant MBL gene in ESC-non-sensitive *P. aeruginosa* isolates in Saudi Arabia [15].

In a study from Algeria in 2013, Touati et al. reported the first molecular characterisation of VIM-2-producing *P. aeruginosa* clinical isolates that harboured a novel class I integron, which also contained two gene cassettes encoding resistance to aminoglycosides (*aadB* and *aacA4*) [16]. In 2015, in their effort to identify and characterise carbapenem-resistant Gram-negative bacilli in hospital patients, Bouraffa et al. revealed OprD mutations in two *P. aeruginosa* isolates among other

isolated carbapenem-resistant Gram-negative bacilli showing reduced susceptibility to carbapenems [37]. Adding to this, Zowawi et al. first reported the novel ESBL PME-1-producing *P. aeruginosa* in Qatar in 2015, suggesting that the 'high-risk clone' contributes to the global spread of MDR mechanisms [38]. In Palestine in 2014, Sjölander et al. showed VIM-producing *P. aeruginosa* whose resistance properties could be explained by carbapenemases and other possible mutational resistance mechanisms, which influences the loss of the OprD outer membrane porin channel [17]. The OprD product along with de-repressed chromosomal AmpC is a major pathway of imipenem and/or increased efflux pump excretion of carbapenems. It was the first report of *blaVIM*-producing *P. aeruginosa* from Palestine [17]. In 2014, Al Bayssari et al. reported the emergence of *blaVIM-2* and *blaIMP-15* carbapenemases in a series of clinical isolates of carbapenem-resistant *P. aeruginosa* in Lebanon, which re-emphasised a rapid dissemination of the *blaVIM-2* carbapenemase-encoding gene in the Mediterranean basin [18]. In 2014, Zafer et al. reported the first occurrence of New Delhi MBL-producing *P. aeruginosa* in Egypt and the presence of more than one *blaMBL* gene in carbapenem-resistant *P. aeruginosa* [39]. In further studies in Egypt, Zafer et al. reported *blaVIM-2*, *blaIMP-1*, *blaNDM*, and *blaOXA-10* in *P. aeruginosa* while screening for ESBLs and MBLs in 122 *P. aeruginosa* isolates. The prevalence of *blaVIM-2* was found to be 58.3%, *blaOXA-10* was 41.7%, *blaVEB-1* was 10.4%, *blaNDM* was 4.2%, and *blaIMP-1*-like gene was 2.1% [19]. In a subsequent study in 2015, Zafer et al. examined the genetic relatedness between MBL-producing carbapenem-resistant clinical isolates of *P. aeruginosa* collected from Egypt and found that the high prevalence of *blaVIM-2* producers was not due to the spread of a single clone [20]. They also reported a unique ST233 clone producing VIM-2 documented in *P. aeruginosa* strains isolated from Cairo university hospitals [20]. The study by Mathlouthi et al. in 2015 in Libya first reported describing imipenem-resistant *P. aeruginosa* as the first case of co-occurrence of *blaVIM-2* with loss of OprD porin in identical isolates of *P. aeruginosa*, which demonstrated that such mutations in OprD can be used as a tool to study clonal propagation in *P. aeruginosa* isolates [7].

In 2015, Maroui et al. reported the first isolation of *blaVIM* genes in clinical isolates of *P. aeruginosa* in Morocco [21]. This work was performed to establish the resistance profile and detect carbapenemase-producing in 123 *P. aeruginosa* isolates. Carbapenem resistance was observed in 33 *P. aeruginosa* isolates, where 33.3% of them were found to be MDR, and 12% of isolates were found to be susceptible to all tested antibiotics. Among the carbapenem-resistant strains, two (6.1%) were shown to be positive for both carbapenemases and MBLs [19].

In a 2016 study to detect the prevalence of gastrointestinal tract colonisation of carbapenem-resistant *P. aeruginosa* in patients admitted to intensive care units in Saudi Arabia, Abdalhamid et al. detected *blaNDM* type and *blaVIM* type in isolates and AmpC overexpression [2]. This discovery of *blaNDM* and *blaVIM* in colonising carbapenem-resistant *P. aeruginosa* strains is a major cause for concern for infection control. Al Agamy et al. clearly demonstrated a high level of resistance to carbapenems in the isolates in their study in Riyadh, Saudi Arabia, in 2016 [12]. Diverse resistance mechanisms were observed in these isolates, which revealed the various ways in which drug resistance is acquired by *P. aeruginosa*. Twelve of the 34 carbapenem-resistant isolates (35.3%)

expressed MBLs, either *blaVIM* or *blaIMP*. Interestingly, it was found that while 11 of 39 carbapenem-resistant *P. aeruginosa* isolates carried carbapenemase genes (*blaVIM* and *blaGES-5*), the rest (i.e. 72%) had no genes that explained the observed resistance [12]. It was seen that 13 of the 34 carbapenem-resistant strains (38%) harboured *blaVEB-1* alone or with *blaOXA-10* or harboured *blaGES-6* alone but did not reveal any known resistance mechanism that could explain their resistance, as these are not carbapenemase-encoding genes. These results are also consistent with a negative outcome of MBL phenotypic test and, hence, go on to suggest other mechanisms of resistance that were not tested for in this study. A high level of resistance to carbapenems in the isolates was clearly demonstrated. The diversity of the resistance mechanisms seen in the isolates revealed the different ways by which *P. aeruginosa* could acquire drug resistance. Interestingly, it was found that 11 of 39 carbapenem-resistant *P. aeruginosa* isolates carried carbapenemase genes (*blaVIM* and *blaGES-5*), while the rest (28/39, 72%) had no genes to explain the resistance that was seen. These strains also produced negative results in the phenotypic test for MBL, thereby suggesting other mechanisms responsible for their carbapenem resistance [22]. The urgent need for more investigative studies on the unknown mechanisms of resistance in *P. aeruginosa* is emphasised by the finding that 38% of these isolates revealed no resistance mechanism, which could explain carbapenem resistance [23].

In 2016, Al Charrakh et al. concluded in their study on *P. aeruginosa* isolates, from Baghdad, producing MBLs by using phenotypic and molecular methods that antibiotic resistance was increased against all third-generation cephalosporins [24]. Although carbapenem was the drug of choice for the *P. aeruginosa* isolates producing ESBL, the emergence of MBLs producing bacteria posed a major threat to the treatment of bacterial infection in Baghdad hospitals. In their study, they found that *blaIMP* was the predominant gene amongst the MBL genes of *P. aeruginosa*. The *blaIMP* gene was seen to be encoded by chromosomal DNA, whereas the *blaSPM-1* was encoded by plasmid and seemingly this mechanism of resistance can cause nosocomial outbreaks [24].

In 2017, in a study on 114 *P. aeruginosa* isolates from Egypt, El-Domany et al. found through antimicrobial susceptibility testing that 50 isolates (43.8%) exhibited an MDR phenotype, and 14 of them (12.2%) were imipenem (IPM)-resistant [11]. Of these 14 isolates, 13 (11.4%) exhibited MBL phenotype. PCR was used to identify the MBLs encoding genes, *blaVIM* and *blaIMP*. The results revealed that four isolates harboured only the *blaVIM* gene, one isolate harboured only the *blaIMP* gene, and four isolates harboured both genes together. This was the first report of *blaIMP* carbapenemase-encoding gene in Africa and also the first report of the emergence of *P. aeruginosa* coproducing *blaVIM* and *blaIMP* genes in Egypt [11]. Abaza et al. studied the occurrence of MBL-producing *P. aeruginosa* in Alexandria, Egypt in 2017 [25]. All of the 30 (100%) selected *P. aeruginosa* isolates that were tested for MBL production were found to be positive; where 19 (63.3%) revealed *bla* gene and 11 (36.7%) had *bla* gene. It was seen that 26 (86.7%) of the isolates of the MBL-producing *P. aeruginosa* were found to be highly susceptible to polymyxin B and 26 (86.7%) were highly resistant to amikacin [25]. In 2018,

El-Shouny et al. identified 50 non-duplicated *P. aeruginosa* isolates from Egypt and found a high prevalence of MDR and pan-drug resistance (PDR) in 38 (76%) isolates obtained from 10 clusters, whereas 21 (42%) were identified as ESBL-producing MDR or PDR *P. aeruginosa* isolates. The *blaOXA-2* gene (60.7%) was found to be the most prevalent ESBL-encoding gene, followed by *blaIMP-7* (53.6%) and *blaOXA-50* (42.8%) [4].

In a study in Jordan in 2018, Al Dawodeyah et al. recovered 61 of 284 (21.5%) *P. aeruginosa* isolates and it was seen that 52.5% of *P. aeruginosa* isolates were MDR and all of the isolates were susceptible to colistin, while they had lower susceptibility to other tested antibiotics [6]. Positive results for *blaCTX-M* were seen in 68.9%, *blaVEB* in 18.9%, *blaTEM* in 18.9%, *blaGES* in 15.6%, and *blaSHV* in 12.5% of isolates. They found no specific link between the resistance to antibiotics, occurrence of virulence genes and their genotypes amongst these MDR isolates. They highlighted the fact that the presence of ESBL-producing bacteria can drive caregivers into increased use of carbapenems as a treatment option, which in return would increase the selection of carbapenem-producing infection causing organisms through evolution and lead to more resistant organisms [6].

In 2018, Ismail et al. reported the emergence of *blaNDM*-variant carrying *P. aeruginosa* for the first time in Iraq. They showed that this variant was exhibiting resistance to meropenem and imipenem [26]. This review showed that there has been a change in the resistance pattern of *P. aeruginosa* towards several β -lactam class antibiotics over the years. The indiscriminate use of these antibiotics drives selection pressure to allow for more and more resistant strains to develop, and a word of caution in their use is required. Since the production of β -lactamases is often plasmid-mediated, the resultant carbapenem resistance has a potential for rapid dissemination [40]. The antibiotics found to be significant in this review are prescription medicines and should only be used as prescribed. It may be that there is a lack of awareness about proper dosage and not sticking to the schedule; overuse or use according to personal convenience may be some of the issues that impact the emergence of resistance, while hygiene conditions and proper patient handling and care may have an impact on the spread of the resistance genes into the environment. Moreover, initial screening methods to detect resistant strains need to be developed to identify and isolate cases, so as to curtail spread of infection and fuel further resistance.

In developed nations, the emergence of previously undetected resistant strains and genes in disease outbreaks have been linked to endemic variants [27] in developing areas such as the Arab nation, as reported by Nordmann et al. in 2014. This is reportedly due to tourism and unscreened travel into and out of countries [28]. This shows the need for screening at the entry point, so that this spread and integration may be curtailed at its onset. Moreover, reports by Al Bayssari et al. in 2014 of horizontal spread of the β -lactamase genes have been reported from countries similar to those in the Arab region (such as India, Japan and China) where previously non-resistance strains developed resistance due to recombination between bacteria [18]. High ESBL resistance rates highlight the need for surveillance systems for monitoring antimicrobial resistance at local and national levels in hospital settings [41]. The 2016 report by the European Centre for Disease Prevention and Control

showed that in Europe, 33.9% of *P. aeruginosa* were resistant to at least one of the antimicrobial combinations (piperacillin \pm tazobactam, fluoroquinolones, ceftazidime, aminoglycosides, and carbapenems) that were under surveillance [29], [30]. Thus, this report showed great variation in antimicrobials in inter-country percentages of resistance, where there was a higher percentage of resistance in southern and eastern Europe compared with northern Europe. Fallah et al. and Shahcheraghi et al. also reported increasing resistant strains of *P. aeruginosa* in the Arab region [31], [32], [33].

Studies in the Arab region affirm the need for more clinical studies to be undertaken to define the actual status of disease prevalence causing *P. aeruginosa*, so that measures may be taken for their containment, treatment using effective prescribed medications, and to prevent antibiotic abuse. Further studies are also required in the Arab region to investigate the unknown mechanisms of resistance and to devise a treatment plan that can optimise infection control and prevent emergence of modified drug-resistant strains.

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Competing interests

Authors have no conflict of interest to declare.

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...Data from another study in our area in 2014 showed that the production of ESBLs was observed in 58.25 % of clinical isolates of *P. aeruginosa* (Dohmen et al., 2015) which was almost in line with our results (66 %). As new data emerge, there is an increasing β -lactamase-producing *P. aeruginosa* strains in the Arab region (Nasser et al., 2020). Many country-specific studies support the notion that ESBLs are widespread in *P. aeruginosa* not only in Iran but also worldwide (Pragasam et al., 2017; Mushtaq et al., 2021; Farhan et al., 2019)...

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