



INDIAN COUNCIL OF SOCIAL SCIENCE RESEARCH  
(Ministry of Human Resource and Development)  
ARUNA ASAF ALI MARG, NEW DELHI – 110 067  
Website: [www.icsr.org](http://www.icsr.org).

Dr S.M. Verma  
Deputy Director (RFS)  
Tel: 011-26741856; Email: [rfdivisionicsr@gmail.com](mailto:rfdivisionicsr@gmail.com)

F.No. 3-20/18-19/PDF/ SC.

Dated: 07-12-2018

✓ Dr. Amruta Ashok Magar  
Dr. B.A.M. University, Dept of Psychology,  
Aurangabad- 431004

Subject: ICSSR Post-Doctoral Fellowship for the Year 2018-19.

Dear Dr. Amruta Ashok Magar,

On behalf of the ICSSR, I am pleased to inform you that you have been provisionally recommended for award of ICSSR Post-Doctoral Fellowship for the year 2018-19 for a period of two years @ Rs. 28,000/- p.m. with contingency of Rs. 20,000/- p.a. to work on "**Effect Of Mindfulness Therapy On Mental Health Of Co-Habitant Family Members Of Mentally Ill People**" under the supervision of Dr. H. J. Narke.

The recommendation has been made in accordance with the procedure as laid down in the ICSSR Guidelines for Post-Doctoral Fellowship Scheme for the year 2018-19. Further, the ICSSR Post-Doctoral Fellowship terms and conditions and monitoring shall also be as per the Guidelines uploaded in the ICSSR website [www.icsr.org](http://www.icsr.org). To join the ICSSR Fellowship, you need to agree with the Terms and Conditions and submit the following documents, duly forwarded through the competent authority of the University/Institute/College where you are affiliating within 15 days of the date of this letter:

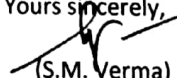
1. Forwarding Letter (*duly signed and stamped by the competent authority of the affiliating institution*)
  2. Joining Report
  3. Declaration and Agreement (*each on non-judicial stamp paper of Rs.100/-*)
  4. Details of the bank account of the affiliating Institution for disbursement of fellowship through RTGS.
  5. Grant-in-aid bill for releasing the first instalment of fellowship
  6. Self-attested copy of Ph.D. Degree, SC/ST/PwD Certificate (*if applicable and if already not submitted*)
- (*The formats are being sent along with the email and also available on Result Page on ICSSR website.*)

You have to incorporate the following suggestions in your proposals as suggested by Experts during interaction meeting:

1. Title needs to be modified as - **Impact of Mindfulness therapy on the caregivers of family members of the mentally challenged.**

After receipt and acceptance of these documents by the ICSSR, a formal Sanction Order for the award of the Post-Doctoral Fellowship will be issued and subsequently the Fellowship shall be transferred through RTGS to the concerned Registrar/Director/Principal of the University/Institute/College along with a copy of the same to you. In case, the awardee does not join within 15 days from the date the issue of the Award Letter, the Application shall be treated as withdrawn. In case of any difficulty in joining, the awardee is required to inform the ICSSR and take its permission for any delay.

With best Wishes,

Yours sincerely,  
  
(S.M. Verma)

**Copy to:**

1. The Registrar,  
Dr. Babasaheb Ambedkar Marathwada University,  
Jaisingpura, Aurangabad 431 004 Maharashtra
2. Dr. H. J. Narke  
Principal, Department of Psychology  
Dr. B.A.M.U, Aurangabad- 431 004 Maharashtra