

## Course Contents of the Value Added Training Program.

20 sessions framework		
S. no	Session name	Skills
1	This is Me	Induction
2	I am Unique (with synonyms)	Life Skills
3	To be + To have	Communication Skills
4	Greetings + Small Talk	Soft Skills & Comm Skills
5	Talking to Strangers	Communication Skills
6	Grooming & Hygiene	Soft Skills
7	Social Manners	Soft Skills & Presentation Skills
8	Point of View	Life Skills & Comm Skills
9	Values & Behaviour	Life Skills
10	Gender Sensitization	Life Skills
11	Skit Discussion & practice (on a social issue)	Soft Skills, Communication Skills & Presentation Skills
12	Skit Presentation	
13	Explaining a Process	Communication Skills & Presentation Skills
14	Extempore Speech (basic)	
15	Financial Literacy - Banking	Life Skills
16	Time Management	Life Skills
17	Kindness Boomerang	Life Skills
18	Group Discussion	Interview Skills
19	Interview Preparation	Interview Skills
20	Mock Interviews	Interview Skills



## Course Outcomes

### 1. Enhanced Communication Skills

- Students will improve their ability to communicate clearly and effectively in various contexts, including initiating conversations, explaining processes, and engaging in small talk and extempore speeches.

### 2. Improved Self-Presentation and Social Etiquette

- Students will learn the importance of grooming, hygiene, and social manners, enabling them to present themselves confidently and appropriately in both personal and professional settings.

### 3. Increased Self-Awareness and Individuality

- Students will develop a deeper understanding of their unique traits and values, allowing them to express themselves authentically and respectfully consider diverse perspectives.

### 4. Practical Life Skills and Financial Literacy

- Students will gain essential life skills such as time management and financial literacy, equipping them to handle personal and professional responsibilities more effectively.

### 5. Enhanced Collaboration and Presentation Abilities

- Through activities like skit practice and group discussions, students will improve their teamwork, creativity, and presentation skills, making them more effective in collaborative environments.

### 6. Preparedness for Professional Interactions

- Students will be better prepared for job interviews and professional discussions through targeted practice in group discussions, interview preparation, and mock interviews, enhancing their employability and confidence.



  
Dr. Girish Kale  
Placement Officer  
Training and Placement Cell  
Dr. Babasaheb Ambedkar Marathwada University,  
Chhatrapati Sambhajinagar - 431004