

Semester III
EC7- GUIDANCE AND COUNSELING

Credits – 4

Marks – 100 (Theory – 80+ Internal - 20)

Objectives:-

To enable the student to:

1. understand concept, need, principles, objectives and types of Guidance and counseling.
2. understand the tools and techniques used in Guidance and Counseling.
3. acquaint students to use techniques of Guidance & Counseling
4. understand concepts, meaning and need of guidance of children with special needs.

Unit I: Basic concept and types of Guidance**20 Marks**

- a. Guidance: Concept, Types, and Principles
- b. Need, Scope and Significance of Guidance.
- c. Bases of Guidance - Philosophical, Sociological, Psychological and Educational
- d. Objectives and Importance of Guidance.
- e. Types of Guidance - Personal Guidance, Educational Guidance, Vocational Guidance & Group Guidance-(Concept, Meaning and techniques)

Unit II: Basic concept and approaches of Counseling**20 Marks**

- a. Counseling: Concept, Nature, Principle, Need & Importance.
- b. Approaches for Counseling - Directive and Non - directive approaches with their steps.
- c. Counseling stages and process.
- d. Code and ethics of Counseling.
- e. Characteristics of Counselors

Unit III: Tools and Techniques of Guidance and Counseling**20 Marks**

- a. Tools and techniques – Standardized and Non-standardized.
- b. Intelligence test, Aptitude test, Interest Inventory and Personality Inventory.
- c. Interview, Rating Scale, Questionnaire and Projective technique.
- d. Personnel for Counselor, Role of family & Community.
- e. Innovative techniques and ways of Guidance & Counseling

Unit IV: Guidance and counseling of Special Children**20 Marks**

- a. Physically challenged – meaning, types and needs.
- b. Learning disability - meaning, types and needs.
- c. Juvenile Delinquency - meaning, types and needs.
- d. Gifted Children - meaning, types and needs.
- e. Role of teachers and parents for all the above types of children.

Practicum: (any one)**Study and prepare a report on -**

1. Visit to Special School
2. Case study of any one type of Special Student with parent's interview.
3. Visit to any Counseling centre.

References:

1. Agarwal J. C. (1985). Educational Vocational Guidance Counseling, New Delhi: Doaba House.
2. Chibber S.K. (1999) .Guidance & Counseling ,New Delhi 11002:Common wealth Publishers .
3. Kocher S. K. (1989). Guidance & Counseling in Colleges & Universities, New Delhi: Sterling Publishers Pvt. Ltd.
4. Nelson Richard (1972). Guidance & Counseling in the Elementary School, United States of America: Library of Congress.
5. Chibber S.K. (1999) .Guidance & Counseling, New Delhi 11002: Common wealth Publishers.
6. Kemp Gratton (1978). Foundations of Group Counseling, New Delhi: Prentice Hall of India Pvt.Ltd.
7. Kocher S.K. (1989). Guidance & Counseling in Colleges & Universities.
8. Nelson Richard (1972).Guidance & Counseling the Elementary school. United States of America:
Library of Congress.
९. पत्की. मा. व्यवसाय मार्गदर्शन आणि सल्ला कार्य औरंगाबाद : मिलिंद प्रकाशन.
१०. पिंपळखरे मो.ह. शैक्षणिक आणि व्यावसायिक मार्गदर्शन. पुणे : विद्यार्थी ग्रह प्रकाशन.
११. दुनाखे अरविंद शैक्षणिक व व्यावसायिक मार्गदर्शन व समुपदेशन पुणे : नित्य नुतन प्रकाशन.
१२. गुळवणी मेघा (२००९) मार्गदर्शन व समुपदेशन पुणे : नित्य नुतन प्रकाशन.